

KS1						
At the end of Key Stage 1, a Swindon Academy student will have covered the following...						
Term	1	2	3	4	5	6
Year 1 Puzzle	Being in My World	Celebrating Difference (including anti-bullying)	Dreams and Goals	Healthy Me	Relationships	Changing Me
Themes	Feeling special and safe Being part of a class Rights and responsibilities Rewards and feeling proud Consequences Owning the Learning Charter	Similarities and differences Understanding bullying and knowing how to deal with it Making new friends Celebrating the differences in everyone	Setting goals Identifying successes and achievements Learning styles Working well and celebrating achievement with a partner Tackling new challenges Identifying and overcoming obstacles Feelings of success	Keeping myself healthy Healthier lifestyle choices Keeping clean Being safe Medicine safety/safety with household items Road safety Linking health and happiness	Belonging to a family Making friends/being a good friend Physical contact preferences People who help us Qualities as a friend and person Self-acknowledgement Being a good friend to myself Celebrating special relationships	Life cycles – animal and human Changes in me Changes since being a baby Differences between female and male bodies (correct terminology) Linking growing and learning Coping with change Transition
RSE	Caring Friendships Respectful Relationships	Caring Friendships Respectful Relationships Being Safe	Respectful Relationships Being Safe	Respectful Relationships Online Relationships	Families and People Who Care About Me Caring Friendships Respectful Relationships Online Relationships Being Safe	Families and People Who Care About Me Respectful Relationships Being Safe
Physical Health & Mental Wellbeing (PHMW)	Mental Well Being	Mental Well Being	Mental Well Being	Mental Well Being Physical Health and Fitness Healthy Eating Drugs, Alcohol and Tobacco Health and Prevention	Mental Well Being	Mental Well Being Changing Adolescent Body
SMSC and Emotional Literacy	Social/Moral/Spiritual Self-Awareness Social Skills Empathy Motivation	Social/Moral/Spiritual Self-Awareness Social Skills Empathy	Social/Spiritual Self-Awareness Social Skills Motivation Managing Feelings	Social/Moral Self-Awareness Motivation	Social/Spiritual/Cultural Self-Awareness Social Skills Managing Feelings	Moral/Spiritual/Cultural Self-Awareness Empathy Managing Feelings
British Values	Democracy Rule of law Individual liberty Mutual respect Tolerance of different faiths and beliefs	Individual Liberty Mutual Respect Tolerance of Other Faiths/Beliefs	Democracy Individual liberty Mutual respect Tolerance of different faiths and beliefs	Rule of Law Individual Liberty Mutual Respect	Democracy Rule of law Individual liberty Mutual respect Tolerance of different faiths and beliefs	Rule of law Individual liberty Mutual respect Tolerance of different faiths and beliefs

Term	1	2	3	4	5	6
Year 2 Puzzle	Being in My World	Celebrating Difference (including anti-bullying)	Dreams and Goals	Healthy Me	Relationships	Changing Me
Themes	Hopes and fears for the year Rights and responsibilities Rewards and consequences Safe and fair learning environment Valuing contributions Choices Recognising feelings	Assumptions and stereotypes about gender Understanding bullying Standing up for self and others Making new friends Gender diversity Celebrating difference and remaining friends	Achieving realistic goals Perseverance Learning strengths Learning with others Group cooperation Contributing to and sharing success	Motivation Healthier choices Relaxation Healthy eating and nutrition Healthier snacks and sharing food	Different types of family Physical contact boundaries Friendship and conflict Secrets Trust and appreciation Expressing appreciation for special relationships	Life cycles in nature Growing from young to old Increasing independence Differences in female and male bodies (correct terminology) Assertiveness Preparing for transition
RSE	Respectful Relationships Being Safe	Caring Friendships Respectful Relationships Online Relationships Being Safe	Respectful Relationships Being Safe		Families and the People Who Care for me Caring Friendships Respectful Relationships Online Relationships Being Safe	Being Safe
Physical Health & Mental Wellbeing (PHMW)	Mental Well Being	Mental Well Being Internet Safety and Harms	Mental Well Being	Mental Well Being Internet Safety and Harms Physical Health and Fitness Healthy Eating Drugs, Alcohol and Tobacco Health and Prevention	Mental Well Being Internet Safety and Harms	Mental Well Being Changing Adolescent Body

SMSC and Emotional Literacy	Social/Moral/Spiritual Self-Awareness Social Skills Motivation	Social/Moral/Cultural Self-Awareness Social Skills Empathy	Social/Spiritual Self-Awareness Social Skills Managing Feelings	Social/Moral/Spiritual Self-Awareness Motivation Managing Feelings	Social/Moral/Spiritual/Cultural Self-Awareness Managing Feelings	Moral/Spiritual/Cultural Self-Awareness Empathy Motivation Managing Feelings
British Values	Democracy Rule of law Individual liberty Mutual respect Tolerance of different faiths and beliefs	Democracy Rule of law Individual liberty Mutual respect Tolerance of different faiths and beliefs	Democracy Rule of law Individual liberty Mutual respect Tolerance of different faiths and beliefs	Rule of Law Individual Liberty Mutual Respect	Democracy Rule of law Individual liberty Mutual respect Tolerance of different faiths and beliefs	Rule of law Individual liberty Mutual respect Tolerance of different faiths and beliefs

KS2						
At the end of KS2 a Swindon Academy student will have covered the following...						
Term	1	2	3	4	5	6
Year 3 Puzzle	Being in My World	Celebrating Difference (including anti-bullying)	Dreams and Goals	Healthy Me	Relationships	Changing Me
Themes	Setting personal goals Self-identity and worth Positivity in challenges Rules, rights and responsibilities Rewards and consequences Responsible choices Seeing things from others' perspectives	Families and their differences Family conflict and how to manage it (child-centred) Witnessing bullying and how to solve it Recognising how words can be hurtful Giving and receiving compliments	Difficult challenges and achieving success Dreams and ambitions New challenges Motivation and enthusiasm Recognising and trying to overcome obstacles Evaluating learning processes Managing feelings Simple budgeting	Exercise Fitness challenges Food labelling and healthy swaps Attitudes towards drugs Keeping safe and why it's important Online and offline scenarios Respect for myself and others Healthy and safe choices	Family roles and responsibilities Friendship and negotiation Keeping safe online and who to go to for help Being a global citizen Being aware of how my choices affect others Awareness of how other children have different lives Expressing appreciation for family and friends	How babies grow Understanding a baby's needs Outside body changes Inside body changes Family stereotypes Challenging my ideas Preparing for transition
RSE	Caring friendships Respectful relationships Online relationships Being safe	Families and the people who care for me Caring friendships Respectful relationships Online relationship Being safe	Respectful relationships	Online relationships Respectful relationships Being safe	Families and the people who care for me Caring friendships Respectful relationships Online relationships Being safe	Families and the people who care for me Respectful relationships Being safe
Physical Health & Mental Wellbeing (PHMW)	Mental wellbeing	Mental wellbeing Internet safety and harms	Mental wellbeing	Mental wellbeing Internet safety and harms Physical health and fitness Healthy eating Drugs, alcohol and tobacco Health and prevention Basic first aid	Mental wellbeing Internet safety and harms	Mental wellbeing Changing adolescent body
SMSC and Emotional Literacy	Social/moral/spiritual/cultural Self-awareness Social skills Motivation Managing feeling	Social/moral/spiritual/cultural Self-awareness Social skills Empathy Managing feelings	Social/spiritual Self-awareness Social skills Empathy Motivation Managing feelings	Social/moral/spiritual Self-awareness Motivation Managing feelings	Social/moral/spiritual/cultural Self-awareness Social skills Empathy Motivation Managing feelings	Social/moral/spiritual/cultural Self-awareness Empathy Motivation Managing feelings
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Term	1	2	3	4	5	6
Year 4 Puzzle	Being in My World	Celebrating Difference (including anti-bullying)	Dreams and Goals	Healthy Me	Relationships	Changing Me
Themes	Being part of a class team Being a school citizen Rights, responsibilities and democracy (school council) Rewards and consequences Group decision-making Having a voice What motivates behaviour	Challenging assumptions Judging by appearance Accepting self and others Understanding influences Understanding bullying Problem solving Identifying how special and unique everyone is First impressions	Hopes and dreams Overcoming disappointment Creating new, realistic dreams Achieving goals Working in a group Celebrating contributions Resilience Positive attitudes	Healthier friendships Group dynamics Smoking Alcohol Assertiveness Peer pressure Celebrating inner strength	Jealousy Love and loss Memories of loved ones Getting on and falling out Girlfriends and boyfriends Showing appreciation to people and animals	Being unique Having a baby Girls and puberty Confidence in change Accepting change Preparing for transition Environmental change
RSE	Caring friendships Respectful relationships Being safe	Caring friendships Respectful relationships Online relationships Being safe	Respectful relationships Caring friendships	Caring friendships Respectful relationships Online relationships Being safe	Families and the people who care for me Caring friendships Respectful relationships Being safe	Families and the people who care for me Being safe
Physical Health & Mental Wellbeing (PHMW)	Mental wellbeing (phmw)	Mental wellbeing (phmw) Internet safety and harms (phmw)	Mental wellbeing (phmw)	Mental wellbeing Physical health and fitness Healthy eating Health and prevention Drugs, alcohol and tobacco	Mental wellbeing	Mental wellbeing Changing adolescent body
SMSC and Emotional Literacy	Social/moral/spiritual/cultural Self-awareness Social skills Empathy Motivation	Social/moral/spiritual/cultural Self-awareness Social skills Empathy Motivation	Social/spiritual Self-awareness Social skills Empathy Motivation Managing feelings	Social/moral/spiritual Self-awareness Social skills Managing feelings	Social/moral/spiritual Self-awareness Empathy Managing feelings	Social/spiritual/cultural Self-awareness Motivation Managing feelings
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Term	1	2	3	4	5	6
Year 5 Puzzle	Being in My World	Celebrating Difference (including anti-bullying)	Dreams and Goals	Healthy Me	Relationships	Changing Me
Themes	Planning the forthcoming year Being a citizen Rights and responsibilities Rewards and consequences How behaviour affects groups Democracy, having a voice, participating	Cultural differences and how they can cause conflict Racism Rumours and name calling Types of bullying Material wealth and happiness Enjoying and respecting other cultures	Future dreams The importance of money Jobs and careers Dream job and how to get there Goals in different cultures Supporting others (charity) Motivation	Smoking, including vaping Alcohol Alcohol and anti-social behaviour Emergency aid Body image Relationships with food Healthy choices Motivation and behaviour	Self-recognition and self-worth Building self-esteem Safer online communities Rights and responsibilities online Online gaming and gambling Reducing screen time Dangers of online grooming SMART internet safety rules	Self-and body image Influence of online and media on body image Puberty for girls Puberty for boys Conception (including IVF) Growing responsibility Coping with change Preparing for transition
RSE	Respectful relationships	Caring friendships Respectful relationships Being safe	Respectful relationships	Respectful relationships Being safe	Caring friendships Respectful relationships Online relationships Being safe	Respectful relationships Being safe
Physical Health & Mental Wellbeing (PHMW)	Mental well being	Mental well being	Mental well being	Mental well being Physical health and fitness Healthy eating Drugs, alcohol and tobacco Health and prevention Basic first aid	Mental well being Internet safety and harms Health and prevention	Mental well being Physical health and fitness Changing adolescent body
SMSC and Emotional Literacy	Social/moral/cultural Self-awareness Social skills Empathy Motivation	Social/moral/cultural Self-awareness Social skills Empathy Motivation Managing feelings	Social/moral/spiritual/cultural Self-awareness Social skills Empathy Motivation	Social/moral/spiritual/cultural Self-awareness Empathy Motivation Managing feelings	Social/spiritual/cultural Self-awareness Social skills Motivation Managing feelings	Social/moral/spiritual/cultural Self-awareness Empathy Motivation Managing feelings

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Term	1	2	3	4	5	6
Year 6 Puzzle	Being in My World	Celebrating Difference (including anti-bullying)	Dreams and Goals	Healthy Me	Relationships	Changing Me
Themes	Identifying goals for the year Global citizenship Children's universal rights Feeling welcome and valued Choices, consequences and rewards Group dynamics Democracy, having a voice Anti-social behaviour Role-modelling	Perceptions of normality Understanding disability Power struggles Understanding bullying Inclusion/exclusion Difference as conflict, difference as celebration Empathy	Personal learning goals, in and out of school Success criteria Emotions in success Making a difference in the world Motivation Recognising achievements Compliments	Taking personal responsibility How substances affect the body Exploitation, including 'county lines' and gang culture Emotional and mental health Managing stress	Mental health Identifying mental health worries and sources of support Love and loss Managing feelings Power and control assertiveness Technology safety Take responsibility with technology use	Self-image Body image Puberty and feelings Conception to birth Reflections about change Physical attraction Respect and consent Boyfriends/girlfriends Sexting Transition
RSE	Families and the people who care for me Caring friendships Respectful relationships Being safe	Families and the people who care for me Caring friendships Respectful relationships Online relationships Being safe	Respectful relationships	Families and the people who care for me Caring friendships Respectful relationships Being safe	Caring friendships Respectful relationships Online relationships Being safe	Families and the people who care for me Caring friendships Respectful relationships Being safe
Physical Health & Mental Wellbeing (PHMW)	Mental wellbeing	Mental wellbeing Internet safety and harms	Mental wellbeing	Mental wellbeing Internet safety and harms Physical health and fitness Healthy eating Drugs, alcohol and tobacco Health and prevention	Mental wellbeing Internet safety and harms Physical health and fitness	Mental wellbeing Changing adolescent body
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Impact

By the end of the Primary Phase, each pupil will have a growing independence as a unique individual and understand how they have been shaped by their experiences and actions. They will have a good understanding of perception and how others may view them differently or have different expectations. They will explain how prejudice and discrimination may be influenced by a variety of factors such as personal belief, the impact of the media and cultural influences. Each pupil will talk about their dreams and goals and explain the factors which influence them. They will have some plans in place to achieve their goals. They will justify how emotions affect responsible choices and evaluate strategies that people can use to help them stay happy and healthy and to reduce risk-taking behaviour. They will have a good understanding of why people experience different feelings in a shared experience and how this can relate to behaviour. They will discuss a range of changes that themselves or others may experience in their lives and relate these to internal and/or external factors.